

**Autumn PhD WriteClub Outline of Programme**

Note - it is expected that participants will miss some parts of the programme – indeed we hope they are getting the balance right and taking a break at some point!

Week	One Day Live Coaching Virtual Retreat	1 Hour Group Coaching Session (online)	Optional Peer Support (in groups of 3)	Fortnightly Email Review	One-to-One support
1	RETREAT DAY Monday 20 <sup>th</sup> September 9.30-4.30				
2		Call 1 – 1 hour Mon. 27 <sup>th</sup> Sept. A.M.	<p>Optional self-managed weekly connect with peer-group</p> <p>Determined by the group and may include agreed 'writing times' to check in with each other.</p>	<p>Every other Friday submit a brief review of progress and plans for the next period</p>	<p>1* 30 minute mid-way individual focused coaching conversation half-way through the programme.</p> <p>1*20 minute individual ad hoc coaching conversation if needed.</p>
3					
4		Call 2 – 1 hour Mon. 11 <sup>th</sup> Oct. A.M.			
5					
6		Call 3 – 1 hour Mon. 25 <sup>th</sup> Oct. A.M.			
7					
8		Call 4 – 1 hour Mon. 8 <sup>th</sup> Nov. A.M.			
9					
10		Call 5 – 1 hour Mon. 22 <sup>nd</sup> Nov. A.M. (tbc)			
11					
12		Call 6 - 1.5 hours Mon. 6 <sup>th</sup> Dec. A.M.			
Follow up Whole Group Session call (2 hours) approximately 6 weeks after the programme.					